

### ***Bully Prevention Training***

*For Educators, Staff, Parents and Child Care Workers*

*Friday, July 18<sup>th</sup>, 2003 – 10:00 am to 5:00 pm*

The bullying we remember as kids is not the same version that exists today. Today, bullying or being the victim of bullying, can escalate quickly to incidents that we see in the daily news. After violent tragedies like Columbine, we can no longer deny that vicious harassment, bullying, and intimidation can be the seeds of rage, violence, and even death.

This violence prevention workshop uses using fun, games, and interactive theatre to teach child-care professionals effective strategies for breaking the cycle of harassment, intimidation and bullying. We teach participants effective strategies and tools to help the "Bully" stop that behavior. We reveal the real reasons why young people pick on others, and find ways for them to fill that need in a healthy way. We also show you how to support young people to redirect their anger in a positive way.

Participants are taught effective strategies to support those that get picked on, as well. They are able to support the "Bullied" to stop that cycle - to stand up, be heard and say "NO!".

In a space of fun, games and interactive theatre, the workshop participant will learn how to:

- Identify the seeds of violence in the early stages and deal with them quickly
- Respond at every stage in the bullying cycle
- Create a safe space for the victim when bullying arises
- Help the bully choose a positive strategy from a place of power
- Help the bullied to stand up, be strong, and say no from a place of power
- Help both the bully and the bullied find positive releases for anger and get help from adults.

#### **To Register call 206-650-5364**

\*A confirmation packet with directions will be sent within two weeks of registering!



*Paul Figueroa of Peace Enforcement LLC and The Village Project in Seattle, Washington, has been helping people deal with anger, conflict and violence for close to twenty years.*

*For twelve years he worked as a police officer with the King County Sheriff's Department, in Seattle. In 1997, he developed these concepts out of his work with street gangs. Today, Peace Enforcement LLC trains and certifies teachers, counselors, mental health professionals and recreation staff to implement the Peace Enforcement Conflict Resolution / Self Esteem Curriculum.*

*On April 30, 2002, Governor Gary Locke awarded Paul Figueroa "The Governor's Child Abuse Prevention Award" in recognition of his work with families in Washington State. In 2002, Peace Enforcement Conflict Resolution / Self Esteem Curriculum was nominated for KCTS' Golden Apple Award for its use in elementary school violence prevention programs.*

*Recently, Paul and our Gossip Prevention workshop were part of a feature on the Today Show, Weekend Edition!*

*Visit our website @ [www.PeaceEnforcement.com](http://www.PeaceEnforcement.com)*