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His Mission: To Prevent Violence in Homes, Communities, Schools and The Workplace



About Peace Enforcement LLC

Peace Enforcement LLC is an organization committed to helping people deal more effectively with violence and anger. We offer kids and adults the unique opportunity to not only learn new techniques, but to *experience* what it feels like to make positive choices, and reject violence. Using a holistic approach that involves games, play and interactive role playing, theatre trainings and workshops engage not only the mind, but the body – a key in helping individuals remember key tools to staying safe and healthy.

Creating new “body memory”

If you’ve ever been involved in an act of violence, anger, bullying or gossiping, you know the stress these events can cause. In cases of severe stress, research shows that our brain shuts down, and our decision-making can become a physical, non-rational process. Basically, our body goes into auto-pilot, replicating and solving situations like we have in the past. The key to changing behavior requires more than simply providing information. We provide opportunities for kids and adults to create new “body memory”, so they have a positive experience “in the bank” to draw on later, if and when it’s necessary.

***Although people remember
only 10% of what they hear
and
25% of what they see, they
remember 90% of what they
DO!***

-Columbia University Study

Fun, games, and results

Using laughter, fun, interactive theatre, and innovative games, Peace Enforcement Trainings and Programs empower kids and adults to understand and deal effectively with situations of anger, conflict, harassment, and violence. Customizable to any group, these unique learning experiences include activities for all ages and learning styles. In this supportive environment, adults and children are able to lighten up and “play” with topics that might be fearful or intimidating. Children gain skill in making positive choices and adults learn to intervene in conflict situations in ways that make a lasting difference for the child.

PEACE ENFORCEMENT Curriculum Concepts:

The Choice Point System: This is a visible and easy way of helping children make positive choices. It teaches them Outcome Based Decision Making by showing that there are positive outcomes from making positive choices. It also teaches that it's easier to achieve your dreams and happiness if you consistently make positive choices. It illustrates how negative choices result in negative outcomes, and often unwanted consequences. The Choice Point System supports the children by teaching them that they have the "Power to Choose," and can create positive outcomes for themselves.

Cauldron O' Anger: We talk about what anger is, which is energy. This demonstration shows children that we all have anger and a limited amount of storage space. We show how unresolved anger can build up and cause spills, or extreme anger, over a minor incident. We also discuss healthy, positive ways to release this energy.

Mad Mountain: This concept shows that the human body has physical reactions when a person gets mad and how when they notice their anger, they have a choice about what to do with it. During this lesson the children discover how their body reacts when they are mad and that when they are angry, they are at a place of making a positive or negative choice. We discuss and provide the children with healthy things they can do with their anger, and show them how if they leave their anger unchecked they are headed towards The Violence Ladder.

The Violence Ladder: The Violence Ladder shows how violence escalates and that each step of escalation is a personal choice. We explore the human body's physical reactions to conflict, and how by thinking and making choices, we can choose whether or not to be violent. We also discover how someone can "invite" you to take a trip up the ladder with them, and how your own attitude may be extending the same invitation to others.

The Conflict Map: A concept that illustrates how to stay safe when you're in a conflict. We discuss the three types of conflict and how conflict is merely static and covers up true feelings. We then physically move through the map during an imaginary conflict and learn how to respond and stay safe. We also connect children with their "Safe Place" which is a period of time they can remember when they were safe. When they are able to remember that place and make decisions from a feeling of safety, not fear, they make better decisions with better outcomes.

Interactive Theatre: Here, participants re-enact an event in their life that had a negative outcome. The mediators take on the "negative" roles and recreate the event in a safe way. The child then gets to make different choices in the moment and experience the effect they have on the outcome. The mentors stay in character and respond as they think the character would in real life. The scene ends when the child reaches a positive outcome from the event. During these skits, the children get to use and experience the effectiveness of the tools they have learned during the classes and make mistakes in safety. This approach is a lot of fun, very powerful and a wonderful learning tool.