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His Mission: To Prevent Violence in Homes, Communities, Schools and The Workplace



## Parent Workshops

During the course of the time Parents spend with this program they will learn this, and more! The degree and level depend upon the amount of time.

How to apply loving structure

What are natural consequences

Consequences for kids and their purpose

More self awareness around their own anger

How no one is bad for the mistakes they made

How to love someone and not like their actions

Ways of managing conflict

The importance of saying "no" and taking care of themselves

How to not "react" when trigger by their youngster

The importance of personal time to recharge themselves

The importance of asking for what they want

Gossip, and how not to

That they are all awesome, wonderful and loving people.

Plus much, much more.

All in a safe and compassionate environment.