

## Registration

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ E-mail \_\_\_\_\_  
Phone (H) \_\_\_\_\_ (W) \_\_\_\_\_ (Cell) \_\_\_\_\_ Fax \_\_\_\_\_

\_\_\_\_ Please enroll me in the July 19-23, 2010 Leadership Training Enclosed is \_\_\_\_ \$200.00 down payment  
\_\_\_\_ Full payment of \$750 is enclosed. Make check payable to "CCAC".

\_\_\_\_ I am interested in Continuing Education Credit. Send to: Northwest Facilitators  
\_\_\_\_ Please send information about housing. 4120 Gravelly Beach Loop Rd NW  
\_\_\_\_ Please keep me on your list. I cannot attend at this time. Olympia, WA 98502

For more information E-mail: [nwfacilitators@gmail.com](mailto:nwfacilitators@gmail.com)

# How Much Is Enough? FACILITATOR TRAINING

Developed from Jean Clarke's books:

*How Much is Enough? Everything You Need to Know to Steer Clear of Overindulgence and Raise Likeable, Responsible, and Respectful Children*

*Who, Me Lead A Group?*

**Dates:** July 19-23, 2010

**Hours:** 8:30 am – 5:00 pm Mon – Fri  
7:00 – 8:30 pm Mon – Thu\*

\*Evening events are optional and strongly encouraged.

**Leader:** Jean Illsley Clarke

**Place:** Schmidt House, Olympia, WA

### More info:

For more information about lodging, meals, fees, and workshop details, please visit our website at: <http://www.overindulgence.viviti.com>

### The Workshop Experiences

The workshop is didactic *and* experiential.

You will:

- Explore the recent research on overindulgence.
- Become prepared to teach or adapt the six-session *How Much Is Enough?* classes.
- Sharpen your skills as an adult leader. This is not about how to lecture; it is about how to facilitate groups.
- Identify potential blocks to effective leadership and practice options for overcoming them.
- Expand your self-awareness.

## ABOUT THE LEADERS



**Jean Illsley Clarke, Ph.D. CFLE** is an accomplished workshop leader and a nationally certified and internationally known parent educator. She is author or co-author of several books about families and has won numerous awards for her work in parent education. The Developmental Parenting Highway, which she developed, is included on the Wall of Discovery section of the University of Minnesota Scholars' Walk.

Staff assistants are all experienced educators. For more information, please visit our website at <http://www.overindulgence.viviti.com>

- Monday, Tuesday, and Wednesday evenings, participants who wish to will make presentations from their areas of expertise.
- Thursday evening will feature a celebration.

## BENEFITS OF THE WORKSHOP

- You will improve leadership and facilitation skills.
- You will gain information you can use and implement in your community.
- You will receive a copy of the *How Much Is Enough Leader's Guide* and supporting materials.
- Clock hours, college credit, and ITAA membership credit are available. Visit <http://www.overindulgence.viviti.com> for more information

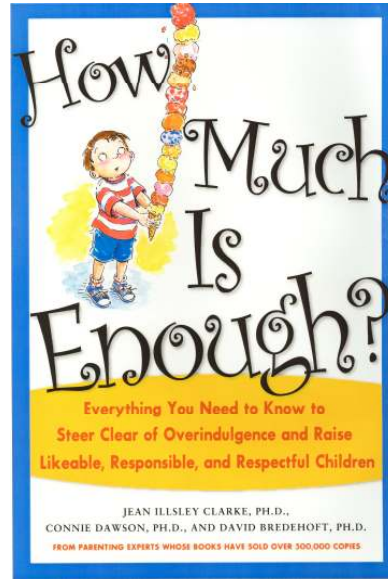
### Quotes from workshop participants:

"The organized presentations were marvelous. All the material, especially on overindulgence, was presented thoroughly with room for us to 'Ah-Ha' about as we 'learned' it through our teaching."

"I was stimulated in the deepest sense. I was highly motivated to take care of myself in a more nurturing/structuring way. It's working...thus I can pass it on to my family and those I work with."

"I've been leading adult groups for many years. The skills I've learned in this workshop will make me an even more effective leader."

This workshop is a full-time experience. Do not plan to do part-time work during the workshop. Plan full coverage for your family.



# FACILITATOR TRAINING

with Jean Illsley Clarke

**July 19-23, 2010**

**Based on her  
"How Much Is Enough?"  
Curriculum**

**FOR THOSE WHO WANT TO  
APPLY OVERINDULGENCE  
RESEARCH IN THEIR WORK  
WITH FAMILIES, COMMUNITIES  
AND AGENCIES**